



HEALTH MANAGEMENT POLICY

1. Purpose

To promote the health, safety, and well-being of all pupils by establishing clear guidelines for managing sickness both at home and during school hours.

2. Scope

This policy applies to pupils, staff, and parents/guardians.

Policy Guidelines

A. Sick Pupils at Home

Parents/guardians are responsible for ensuring that sick children do not attend school to prevent the spread of illness.

1. Symptoms Requiring Absence

Pupils should remain at home if they exhibit any of the following:

- Fever of 100°F (38°C) or higher
- Vomiting or diarrhea within the last 24 hours
- Persistent cough, sore throat, or difficulty breathing
- Rash or signs of contagious disease (e.g., chickenpox, measles)
- Unexplained fatigue or body aches

2. Notification to School

- Parents/guardians must inform the school as soon as possible when a pupil is absent due to illness.
- The nature of the illness should be communicated to allow the school to monitor potential outbreaks.

3. Return to School

- Pupils may return after being symptom-free for 24 hours without medication.
- A doctor's clearance may be required for contagious conditions.

B. Sick Pupils in School

If a pupil becomes unwell during school hours, the following procedures will be followed:

1. Identification of Symptoms



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- Teachers and staff should monitor pupils for signs of illness, including fever, cough, vomiting, diarrhea, or unusual lethargy.
- 2. Immediate Actions**
 - The pupil will be taken to the designated health room or a quiet space.
 - The school nurse or first aid officer will assess the pupil's condition.
- 3. Isolation**
 - Sick pupils will be kept isolated from others to reduce the risk of spreading illness.
- 4. Parental Notification**
 - Parents/guardians will be contacted promptly and asked to collect the pupil.
 - Clear information on the symptoms and any recommendations for medical attention will be provided.

C. Medication and Emergency Care

- 1. Medication Administration**
 - Only prescribed medication will be administered with written parental consent.
 - Over-the-counter medication requires prior written approval from parents.
- 2. Emergency Situations**
 - If the pupil's condition appears serious or life-threatening, the child will be sent to the hospital, and parents/guardians will be notified immediately.

D. Hygiene and Prevention Measures

- Pupils and staff are encouraged to practice regular handwashing.
- Classrooms and shared spaces will be cleaned and disinfected regularly.
- Pupils are discouraged from sharing personal items.

E. Communicable Disease Management

- In case of a confirmed contagious disease, the school will notify parents/guardians while maintaining confidentiality.



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- Health authorities will be contacted if necessary, following official guidelines.